

# PERFORMANCE ENDURANCE PACK

# **Fuel Your Fire**

Formulated for the endurance athlete, the Performance Endurance Pack is designed to:

- Take intensity to the next level with a perfect balance of protein and carbohydrates to give your body the energy it needs
- Help build firm, lean muscle; restore muscle energy; and support muscle repair
- Help you recover faster so you can train harder

Performance Endurance Pack products are designed for high-intensity and longer-duration exercise, including:

- Marathon runners
- Long-distance cyclists
- High-intensity aerobic exercise

### **INCLUDES:**

ENERGY CHEWS (2), ENDURANCE ELECTROLYTE DRINK WITH PATENTED OPTI-LYTE® BLEND, PHYSIQUE®+BIO-BUILD®, AND PM RECOVERY COMPLEX.

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Products designed by Shaklee scientists and leading sports nutritionists to address the needs of every stage of physical activity.

**ENERGIZE** 

HYDRATE

BUILD

**RECOVER** 

Improve physical performance & mental alertness Replenish electrolytes & increase endurance and stamina

Protein with added leucine to repair & build lean muscle faster Reduce exercise-induced muscle soreness & optimize recovery

# **ENDURANCE PACK**

# **ENERGIZE**<sup>†</sup>



#### **ENERGY CHEWS**

A burst of clean energy helps improve performance and sharpen focus.\* Each chew contains a scientific blend of caffeine from natural green tea extract, plus L-tyrosine, L-theanine, B vitamins, and vitamin D.

Flavor: Citrus Burst

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#### PHYSIQUE®+BIO-BUILD®

**BUILD**<sup>†</sup>

Physique® + Bio-Build® is a pure, natural high-octane fuel for rapid muscle recovery. Our powerful Bio-Build blend, a mix of intelligent-release protein and carbohydrates, is clinically shown to naturally activate the body's recovery process and delivers more energy to the muscle than either carbohydrates or protein alone.

- + Helps build firm, lean muscle
- + Helps restore muscle energy
- + Supports muscle repair
- + Helps with rapid recovery

Flavor: Banana

# **HYDRATE**<sup>†</sup>



#### **ENDURANCE ELECTROLYTE DRINK**

Endurance Electrolyte Drink powered by our proprietary Opti-Lyte® blend of six electrolytes plus our unique mix of carbohydrates to deliver instant and sustained energy. Supports optimal hydration for endurance athletes and provides more energy than the leading hydration drink.

- + Clinically proven for enhanced hydration
- Maintains blood glucose levels to sustain intense energy output and increase stamina
- + Increases endurance for better athletic performance

Flavors: Orange, Lemon-Lime

# **RECOVER**



#### PM RECOVERY COMPLEX

PM Recovery Complex is powered by an ultra-pure, polyphenol-rich tart cherry extract proven to optimize recovery and reduce post-workout muscle soreness, which helps improve sleep quality.\*

- + Superior, ultra-pure tart cherry extract is clinically shown to reduce exercise-induced muscle soreness and optimize recovery\*
- Contains our patented pain relief blend to relieve pain caused by overexertion\*



#### THE SHAKLEE DIFFERENCE™

PM Recovery Complex features superior, ultrapure tart cherry extract, rich in polyphenols and clinically tested to help reduce post-workout muscle soreness.

# PERFORMANCE SPORTS NUTRITION

Shaklee Performance provides a safe, proven, comprehensive way to get the optimized nutrition you need to support your specific activity and fitness goals. Whether you visit the gym twice a week to stay fit and active or you're a competitive athlete, Performance has the solution to help maximize your results and speed recovery.

## Learn More





WATCH THE PERFORMANCE SPORTS NUTRITION VIDEO





# **Pricing**

# PERFORMANCE® ENDURANCE PACK | #89449

Suggested Retail Price: \$175.85 Member Price: \$149.35 | PV: 91.06

#### ENERGY CHEWS CITRUS BURST | #20158

20 CHEWS/10 SERVINGS Suggested Retail Price: \$24.25 Member Price: \$20.60 | PV: 12.00

#### ENDURANCE ELECTROLYTE DRINK LEMON-LIME | #21308 ORANGE | #21309

**30 SERVINGS** 

Suggested Retail Price: \$36.40 Member Price: \$30.90 | PV: 18.00

#### PHYSIQUE®+BIO-BUILD® BANANA | #20495

15-SERVING CANISTER
Suggested Retail Price: \$54.55
Member Price: \$46.35 | PV:31.06

# PM RECOVERY COMPLEX

**#21312** | 60 CAPSULES/30 SERVINGS Suggested Retail Price: \$36.40 Member Price: \$30.90 | PV: 18.00

## Also Available

# PERFORMANCE® FITNESS PACK #89451

Suggested Retail Price: \$145.50 Member Price: \$123.60 | PV: 72.00

### **Energy Chews**

# Supplement Facts Serving Size: 2 Chaws

Serving Size: 2 Chews Servings Per Container: 10

	Amount Per Serving	% DV
Calories	45	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Total Carbohydrate	9 g	3%**
Sugars	6 g	†
Vitamin C (as ascorbic acid)	6 mg	10%
Vitamin D₃ (as cholecalciferol)	100 <b>I</b> U	25%
Thiamin (as thiamine hydrochloride)	0.15 mg	10%
Riboflavin	0.17 mg	10%
Niacin (as niacinamide)	2 mg	10%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloric	le) 0.2 mg	10%
Folate (as folic acid)	40 mcg	10%
Vitamin B <sub>12</sub> (as cyanocobalamin)	0.6 mcg	10%
Biotin (as d-biotin)	30 mcg	10%
Pantothenic Acid (as d-panthenol)	1 mg	10%
Sodium	10 mg	<1%
Caffeine	120 mg	†
N-AcetyI-L-Tyrosine	100 mg	†
L-Theanine	100 mg	†
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<sup>\*\*</sup> Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: ORGANIC DRIED CANE SYRUP, ORGANIC BROWN RICE SYRUP, ORGANIC RICE SYRUP SOLIDS, NATURAL FLAVORS, CARNAUBA WAX, SOY LECITHIN, PALM OIL, ORGANIC CORN STARCH, CITRIC ACID, ORGANIC GREEN TEA EXTRACT (CAMELLIA SINENSIS) (LEAF), COLORED WITH TURMERIC OLEORESIN.

CAUTION: Contains natural caffeine and should not be used by children or pregnant or lactating women. Do not consume more than three chews every 3–4 hours. KEEP OUT OF REACH OF CHILDREN.

## Endurance Electrolyte Drink

Serving Size:	2 scoop	s (28 g)		
Servings Per Container:	30			
Amount Per Serving		% Da	ily Value**	
Calories	100			
Calories from Fat	0			
Total Fat	0 g	0%		
Saturated Fat	0 g	0%		
trans Fat	0 g			
Cholesterol	0 mg	0%		
Sodium	130 mg	5%		
Potassium	50 mg	1%		
Total Carbohydrate	25 g	8%		
Dietary Fiber	0 g	0%		
Sugars	11 g			
Protein	0 g	0%		
Vitamin A		0%		
Vitamin C		0%		
Calcium		4%		
Iron		0%		
Phosphorus		2%		
Magnesium		2%		
Chloride		2%		
** Percent Daily Values a	are based o	n a 2,000	calorie diet.	
. (	Calories	2,000	2,500	
Total Fat L Saturated Fat L Cholesterol L	ess than ess than ess than ess than	65 g 20 g 300 mg 2,400 mg 3,500 mg 300 g 25 g 50 q	80 g 25 g 300 mg 2,500 mg 3,500 mg 375 g 30 g 65 q	

OTHER INGREDIENTS: MALTODEXTRIN, FRUCTOSE, GLUCOSE, CITRIC ACID, NATURAL FLAVORS, OPTI-LYTE® (SODIUM CITRATE, TRICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM CARBONATE), COLORED WITH ANNATTO EXTRACT.

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS PEANUTS, TREE NUTS



#### SHAKLEE PURE PERFORMANCE GUARANTEE

- 100% guaranteed to be safe and free from banned substances
- We test every new botanical ingredient for over 350 chemicals and contaminants
- Shaklee conducts over 100,000 quality tests per year on our nutritional products
- No artificial flavors, sweeteners, or preservatives
- Gluten free

Nutrition Facts Serving Size: 3 Scoops (57g) Mix Alone Servings Per Container: 15			
Amount Per Serving	Mix Alone	Mix 3 Scoops + Nonfat Milk	
Calories	210	300	
Calories from Fat	5	10	
		% Daily Value**	
Total Fat 0.5 g	1%	1%	
Saturated Fat 0 g	0%	1%	
trans Fat 0 g			
Polyunsaturated Fat 0 g			
Monounsaturated Fat 0 g			
Cholesterol <5 mg	2%	3%	
Sodium 80 mg	3%	8%	
Potassium 40 mg	1%	12%	
Total Carbohydrate 38 g	13%	17%	
Dietary Fiber 0 g	0%	0%	
Sugars 21 g			
Protein 14 g	28%	45%	
Vitamin A	15%	25%	
Vitamin C	100%	100%	
Calcium	15%	45%	
Iron	0%	0%	
Vitamin D	0%	30%	
Vitamin E	25%	25%	
Thiamin	90%	100%	
Riboflavin	80%	110%	
Niacin	100%	100%	
Vitamin B6	100%	100%	
Folate	100%	100%	
Vitamin B12	90%	110%	

Amount Per Serving	Mix Alone	Mix 3 Sc	oops + Nonfat Milk
		% Daily	/alue**
Biotin	100%	100%	
Pantothenic Acid	90%	100%	
Phosphorus	10%	35%	
Magnesium	20%	25%	
Zinc	25%	30%	
Selenium	25%	25%	
Copper	25%	25%	
Manganese	25%	25%	
Chromium	25%	25%	
Molybdenum	25%	25%	
Chloride	0%	8%	
**Percent Daily Values at Your daily values may be	higher or lower depe	ending on your c	
	Calories	2,000	2,500
Total Fat Sat Fat	Less than	65 g	80 g
Sat Fat Cholesterol	Less than Less than	20 g	25 g
Sodium	Less than	300 mg 2,400 mg	300 mg
Potassium	ress man	2,400 mg	2,400 mg 3,500 mg
Total Carbohydrate		3,500 mg	3,500 mg

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INGREDIENTS: BIO-BUILD® (DEXTROSE, MALTODEXTRIN, MILK PROTEIN ISOLATE, WHEY
PROTEIN ISOLATE), NATURAL FLAVORS, SUNFLOWER LECITHIN, MAGNESIUM OXIDE,
ASCORBIC ACID, XANTHAN GUM, NIACINAMIDE, SELENIUM YEAST, D-ALPHA-TOCOPHERYL
ACETATE. CALCIUM PANTOTHENATE. MOLYBDENUM YEAST, VITAMIN B12, ZINC OXIDE.
VITAMIN A PALMITATE. COPPER GLUCONATE. VITAMIN B6. MANGANESE SULFATE.
RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, CHROMIUM NICOTINATE.
COLORED WITH TURMERIC OFFORESIN, CONTAINS MILK

Supplement Facts Serving Size: Servings Per Container:	2 capsul 30	es
Amount Per Serving		% DV**
Total Carbohydrate	<1 g	<1%**
Proprietary Recovery Complex Blend: Tart Cherry Extract ( <i>Prunu</i> Boswellia Extract ( <i>Boswel</i> Safflower Extract ( <i>Carthan</i>	<i>lia serratá</i> ) (r	uit), esin),
** Percent Daily Values are bas † Daily Value not established.	ed on a 2,000	calorie diet.
OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).		

